

ACT FOR MENTAL HEALTH ANNUAL REPORT

December 2007

Yearly Service statistics

Annual Growth of ACT for Mental Health: Client services increased 15%

Total client sessions: Individual, Families and Group: 4500

Individual Counseling

Therapy: 295 clients served in an aggregate of 1860 sessions

Group therapy & support

Parenting class	12 classes @ 30 each	360 sessions
Anger Management Class	10 clients	24 sessions
Women's Group:	Weekly	35 clients
Fireside Friendship Club		
A weekly residual mental illness group		30 clients

Services to Families and Children

Families and children are referred from County Family Preservation, Friends Outside, Victim Witness, the Family Health Plan, the courts and local attorneys.

Over the past 12 months, services were provided to:

Children:	149
Families:	85

The diversity of our clients

American-Indian or Alaskan Native	2%
Asian or Pacific Islander	12%
Hispanic	29%
White	37%
Black	11%
Other	9%

Age of our clients: 5 to 75.

Gender Ratio: 70% male, 30% female.

Income Level of clients: **all but 4 are below the poverty line.**

ACT's diverse clinical staff

- Five fully licensed clinical social workers
- One social work licensure candidate
- One social work student
- Two Post Doctoral clinical psychologists.
- One psychiatrist in residence.

ACT's support staff: one business manager and two office facilitators.

Volunteer support staff: one grant writer, two receptionists and four client/volunteers who help with maintenance, food services and clerical work.

ACT's Board of Directors: ten dedicated community stewards.

ACT's efficiency: only 3% of funds are spent on administrative functions.

Demand for ACT services continues to grow: Each individual therapy session costs ACT \$70. The average self pay fee that ACT receives is \$30. That's why we rely on community sponsors to make up the difference especially in this chaotic economic climate. Each individual therapy session costs ACT \$70.